

# Our commitment to you.....

Our “Food For Life Served Here” menu means we serve  
*Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners  
and additives*

Our food is freshly prepared on site by professional staff  
who care about quality and ingredients

We support local wherever possible...our meat comes from  
*Quality Cuts of Sandbach, Littler’s of Sandiway and Barrows  
of Bollington*

We use free range eggs, organic yogurt, organic Mornflake  
oats and MSC fish.

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*



CATERING WITH THE  
RIGHT INGREDIENTS

# Fresh Catering

Autumn/ Winter 2023-24

At: **Vine Tree Primary School**

November 2023						
M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2023						
M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2024						
M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2024						
M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2024						
M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2024						
M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					





# Autumn/ Winter Menu 2023-24

## Week 1

## Week 2

**MONDAY**

<b>Ravioli with a Homemade Tomato Sauce (v)</b>	<b>Jacket Potato with Cheese, Baked Beans or Tuna</b>	<b>Cheese Sandwich &amp; Veg Sticks</b>	<b>Lemon Bites, Yogurt or Fresh Fruit Platter</b>
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**MONDAY**

<b>Homemade Cheese &amp; Tomato Pizza with Sauté Potatoes (v)</b>	<b>Cowboy Pie with Fresh Vegetables (v)</b>	<b>Cheese Sandwich &amp; Veg Sticks</b>	<b>Shortbread Finger with Fruit Chunk, Yogurt or Fresh Fruit</b>
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**TUESDAY**

<b>Butchers Pork Sausage, Potatoes, Vegetables &amp; Gravy</b>	<b>Plant Friendly Sausage, Potatoes, Vegetables &amp; Gravy</b>	<b>Tuna Sandwich &amp; Veg Sticks</b>	<b>Steamed Pear, Peach &amp; Sultana Sponge with Custard or Fruit</b>
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**TUESDAY**

<b>Spaghetti Bolognese with Garlic Bread</b>	<b>Jacket Potato with Cheese, Baked Beans or Tuna</b>	<b>Tuna Sandwich &amp; Veg Sticks</b>	<b>Berry Buns or Fresh Fruit Platter</b>
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**WEDNESDAY**

<b>Gammon or Quorn, Roast Potatoes, Vegetables &amp; Gravy</b>	<b>Jacket Potato with Cheese, Baked Beans or Tuna</b>	<b>Chocolate Crunch Finger with Fruit Chunk or Fresh Fruit</b>
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**WEDNESDAY**

<b>Pork or Quorn, Stuffing, Veg, Potatoes &amp; Gravy</b>	<b>Cheesy Broccoli Pasta (v)</b>	<b>Oat &amp; Sultana Cookie or Fresh Fruit Platter</b>
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**THURSDAY**

<b>Chicken Pie with Creamed Potato Top &amp; Crusty Bread</b>	<b>Cheesy Pasta (v)</b>	<b>Ham Sandwich &amp; Veg Sticks</b>	<b>Fruit Crumble &amp; Custard or Fresh Fruit Platter</b>
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**THURSDAY**

<b>Chicken Tikka with Rice &amp; Naan Bread</b>	<b>Jacket Potato with Cheese, Baked Beans or Tuna</b>	<b>Ham Sandwich &amp; Veg Sticks</b>	<b>Chocolate Surprise Sponge &amp; Chocolate Sauce or Fresh Fruit</b>
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**FRIDAY**

<b>Fish/ Salmon Fish Fingers with Chips &amp; Baked Beans or Peas</b>	<b>Texan Quorn Tortilla Boat with Chips (v)</b>	<b>Banana &amp; Chocolate Muffin or Fresh Fruit Platter</b>
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**FRIDAY**

<b>Fish Fillet with Chips &amp; Baked Beans or Peas</b>	<b>Vegetarian Sausage Roll, Chips &amp; Peas or Baked Beans (v)</b>	<b>Apple &amp; Banana Cake or Fresh Fruit Platter</b>
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